



MEF&C FAQ's

WHAT IS MILFORD EAGLES FOOTBALL AND CHEER?

MEF&C is a youth football and cheer organization established to promote the wholesome development of youth participants through their association with instructors and coaches, in the sports of football and cheer.

WHAT LEAGUE DOES MEF&C BELONG TO?

MEF&C is a proud member of the Greater Cincinnati Youth Football League (GCYFL).

The mission of the Greater Cincinnati Youth Football League (GCYFL) is to introduce the game of football to youth of all ages and skill levels with the purpose of providing the opportunity for each player to develop to their highest potential. The GCYFL strives to maintain an environment that embodies the core values of integrity, leadership, perseverance, respect and teamwork while enhancing self-esteem, promoting self-confidence and cultivating a lifelong passion for the game of football.

These teams include Anderson, Kings, Mason, Oak Hills, Edgewood, Lakota, Milford, Sycamore, Fairfield, Little Miami, Northern Kentucky, Talawanda, Hamilton, Loveland, and Northwest.

IS MEF&C PART OF THE MILFORD SCHOOL SYSTEM?

No, Milford Eagles Football and Cheer is a privately operated, non-profit, all volunteer organization. Our MEF&C Board, which includes parents and others who are dedicated to the core mission of this organization are in charge of running the program in the best interest and for the benefit of the youth in Milford and Miami Township. We are considered a community-based feeder program.

DOES MEF&C HOLD TRYOUTS?

No. There are no tryouts for football or cheerleading. All interested participants may register for an age and grade appropriate team/squad.

WHEN IS REGISTRATION?

Registration for the 2021 Season begins January 15th, 2021 and ends April 15th, 2021

HOW MUCH IS THE COST TO PARTICIPATE?

The registration rates are determined annually by the MEF&C Board.

2021 registration costs:

Football - \$190

Cheer - \$125

DO YOU OFFER FINANCIAL ASSISTANCE?

Financial Program Assistance Applications must be printed and mailed, or sent via email to mefcyouth@gmail.com. The application can be found on the documents tab on the website under Financial Assistance. The MEF&C Board will go through a process of evaluating applications along with reviewing what kind of support (if any) can be offered.

WHAT ABOUT SAFETY?

All coaches receive a background check and are required to complete multiple certification courses which emphasize safety and concussion awareness in order to guarantee the highest degree of safety for all participants.

HOW ARE COACHES SELECTED?

Coaches for all football and cheer are volunteers with coaching experience who are able to commit to implementing MEF&C's commitment to attributes such as hard work, character, and leadership with the team they are coaching. Many of our coaches have played at all levels of the sport. Each coach must submit an annual application to our MEF&C board.

WHAT WILL MY CHILD NEED FOR THE FIRST DAY OF PRACTICE?

For Football:

Equipment Handout will be conducted prior to the first day of practice. Football participants will come to the equipment shed to check-in and receive their equipment at that specific date and during their team's scheduled time before practices even begin.

A period of conditioning (helmets ONLY) is required for all football participants prior to any practices in pads. During this condition period all players will wear helmets, athletic shorts, a t-shirts and football cleats. All football players must always have a mouth guard.

For Football AND Cheer:

Participants should bring water to all practices. Please do not bring juice or sports beverages as these often left as litter after practice. Please note, that NO jewelry is to be worn. This includes bracelets, earrings, necklaces and watches.

DO I NEED TO BUY A UNIFORM? WHAT OTHER EQUIPMENT MUST BE PURCHASED?

For Football Players:

A jersey, football pants, helmet with generic mouth guard, and shoulder pads are provided by MEF&C. Additional costs for football gear/clothing will be incurred. The additional required items include: molded cleats, additional padded pants (optional), game socks, athletic supporters, protective cup and additional mouth guards.

For Cheerleaders:

Each cheerleader will need a uniform (skirt, shell, jacket, briefs, bodysuit, bow, and poms). You can buy these uniforms new for \$240 plus tax. There will be a virtual fitting the first week of May. Uniforms are fit to last for 2 years. We will also have a buy/sell where you can possibly purchase a used uniform for cheaper and also have a chance to sell your used uniform. The Buy/Sell event will be at the end of April. Also you will need to buy white cheer shoes and any plain black leggings to wear when the weather turns cooler. We will fit everyone for shoes in July, collect money (about \$28), and order them for you.

WHAT IS THE EXPECTED TIME COMMITMENT?

For Football: We will have uniform fittings for jerseys & pants as well as equipment handout for helmets & shoulder pads that typically happen in May/June. League weigh-ins are usually in July and are mandatory in order to play. Practices start mid-July and each team will typically practice 3 nights a week (commonly from 6 - 8 pm) up at Miami Meadows until school starts. They will then drop to practicing twice a week with a game on the weekend. Each team is a little different and depends on the schedule set by the coaching staff. The games are usually on Saturday, but there could be a couple Sunday games. We have home games and also travel to away games. The season usually ends in November. It could be early November or mid November depending how far your team makes it in the playoff games leading up to the Super Bowl.

For Cheerleading:

The season starts July 12-16 with cheer camp hosted by the Milford High School cheerleaders. Camp will run from 6:00-8:00 each night.

Practice will most likely start the week after camp and games start the weekend of August 6th. Each coach sets the practice days and times. All practices are at Miami Meadows Park. Usually there is at least one practice/week to get ready for games, practice jumps, motions, and other cheer skills. Some squads do competitions. Competitions are not required and are optional. Usually the coach will add an extra practice each week for those cheerleaders interested in competing. At these practices they will learn and practice a routine to be used in competitions. Practices usually begin mid July and competitions are usually late October into mid November. There is one game each weekend. These games are usually on Saturday, but there could be a couple Sunday games. We have home games and also travel to away games. The season usually ends in November. It could be early November or mid November depending how far your team makes it in the playoff games leading up to the Super Bowl.

WHERE CAN I FIND THE LEAGUE FORMS THAT I NEED TO HAVE COMPLETED?

You should have received links to each of the league forms in your confirmation email once you registered your athlete. These forms will need to be filled out & turned in to your Team Mom at Uniform Fittings and/or Equipment Handout. You can also find these forms on our MEF&C website under League Information.

DOES THE ORGANIZATION HAVE ANY RULES OR GUIDELINES THAT PARTICIPANTS AND PARENTS MUST ADHERE TO?

Yes, MEF&C has a parent and player standard of conduct which should be reviewed & discussed at each team's parent meeting prior to the start of the season.

HOW DO I STAY UPDATED ON INFORMATION?

Milford Eagles Football and Cheer will provide regular posts during the off-season and more frequently during the season. Updates and information will always be posted on the MEF&C website, as well as on our MEF&C Facebook and Twitter pages. In addition, any important updates will be sent out via email by each individual team/squad Head Coach or Team Mom via email and mobile applications.

DO YOU OFFER ANY SPONSORSHIP OPPORTUNITIES??

Yes, we offer a variety of sponsorship methods to suit your budget. No donation is too small and every dollar raised goes into the club to help enrich the experience of the athletes. If you are interested in becoming a sponsor please email mefcyouth@gmail.com to request our sponsorship packages. We thank you in advance for your support!!

WHO CAN I CONTACT IF I HAVE QUESTIONS?

If you have any additional questions you may contact any member of the Milford Eagles Football and Cheer Board or send us an email at MEFCyouth@gmail.com